

Danse Bouteille

Frasinette TOMBER

<https://vimeo.com/419263087>

Frasinette HOUSE RESET

3 pas de base explication: <https://vimeo.com/419262060>

Répétitions 3 pas de base: <https://vimeo.com/419262337>

Explication frase: <https://vimeo.com/419262530>

Répétition: <https://vimeo.com/419262802>

Frasinette POULPE

Introduction: <https://vimeo.com/410367269>

Pas de Base: <https://vimeo.com/410367126>

Frasinette Poulpe: <https://vimeo.com/410367427>

Frasinette CHASSE

Vu dos: <https://vimeo.com/415527678>

Vu fasse: <https://vimeo.com/415525812>

Début de la danse

<https://vimeo.com/419275992>

Mouvements Bras

<https://vimeo.com/419272256>

Postures Bras:

<https://vimeo.com/419272122>

Creation Corona avec:

Karim

Nerin:

<https://vimeo.com/409924462>

<https://vimeo.com/414318703>

Charlotte:

<https://vimeo.com/409923783>

<https://vimeo.com/414317941>

Juliette:

<https://vimeo.com/409923848>

<https://vimeo.com/414318468>

ALiette: <https://vimeo.com/409923615>. + frase Igor: <https://vimeo.com/409923303> + hip hop

Karim: <https://vimeo.com/414317665>

Nour:

<https://vimeo.com/410389970>

<https://vimeo.com/414318732>

Fabio:

Line:

<https://vimeo.com/410113831>

<https://vimeo.com/414318502>

Garance:

<https://vimeo.com/414318075>

<https://vimeo.com/414318103>

Josh**Isee:**

<https://vimeo.com/409924396>

<https://vimeo.com/414318156>

Jack**Anna:**

<https://vimeo.com/409923893>

<https://vimeo.com/414317910>

Marion:

<https://vimeo.com/414319767>

<https://vimeo.com/414319806>

ALice

<https://vimeo.com/416964890>

<https://vimeo.com/416964565>

<https://vimeo.com/416964154>

Elina:

<https://vimeo.com/410516944>

<https://vimeo.com/414318038>

Samedi 11 avril 2020

House avec Karim: <https://vimeo.com/406510016>

Vendredi 10 avril 2020

Tap dance

- Tap dance: Introduction: <https://vimeo.com/406024288>
- Tap dance: <https://vimeo.com/406115766>
- Tap dance: <https://vimeo.com/406114774>
- Tap dance: 4ième pas: <https://vimeo.com/406026409>

Jeudi 9 avril 2020

Jack: <https://vimeo.com/405568540>

Si tu a envie d'envoyer un petit retour a Jack n'hésite pas de le faire, c'est toujours sympa.

Insta: [emiliejacomet.jack](https://www.instagram.com/emiliejacomet.jack)

La musique: Spotify: jack.emilie Playlist: Bal Special. Corona Class

Mardi 7 avril 2020

Fabio Cavaleri:

!!!! merci d'adapter la frase a tes propre possibilités,... utilise la frase comme inspiration, modifié le!!

- version smartphone: <https://vimeo.com/404750490>
- version ordinateur: <https://vimeo.com/404734557>

Lundi 6 avril 2020:

Cours de danse Igor 1: musique Ryoji Ikeda " data.matrix "

- Version smartphone: <https://vimeo.com/404350220>
- Version ordinateur: <https://vimeo.com/403238837>

Cours de danse Igor 2

- Version smartphone: <https://vimeo.com/404350783>
- Version ordinateur: <https://vimeo.com/404045527>